Please sponsor me

Oral Health Foundation
Better oral health for all

My challenge and why I'm taking part...

What your donation could do....

£5
Allows us to provide toothbrushes to a classroom of children.

£10
Means we can take one call on our Dental Helpline.

£20
Lets us send out vital information about mouth cancer.

If you pay UK tax* and tick the Gift Aid box the Government will give us 25% on top of your donation.

It won't cost you a penny.

Please give your full name and home address and tick below or we can't claim Gift Aid.

Full Name	Home Address	Postcode		Donation	Date

* You will need to have paid enough UK Income Tax and/or Capital Gains Tax in the current tax year to cover the 25% that the Oral Health Foundation, that you donate to, will claim for the current tax year. (Council Tax and VAT do not count). Registered charity number 263198.

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Oral Health Foundation, registered charity 263198.

Total raised....

£

How to pay in your money...

By post: Return this sponsorship form with a cheque made payable to "OHF" to Oral Health Foundation, 2 East Union Street, Rugby, Warwickshire, CV22 6AJ

Online: You can also pay your donations in online using a credit or debit card at www.dentalhealth.org/donate

* Please leave blank. Office use only.

Details of person being sponsored...

Title: Full Name:

Address:

Postcode: Signed:

The Oral Health Foundation would like to send you information about what we're up to from time to time. If you would like to receive this information by post, please tick here: ☐

If you would like to receive this information by email, please write your email address here: